

Ted Kaczynski's Letters to a Nutritionist

August 1990

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Ted to Andrea

August 13, 1990
Andrea Pagenkopf
Food and Nutrition Specialist
Montana Cooperative Extension Service

Dear Ms. Pagenkopf:

In an article in the Missoulian, June 27, 1990, you were quoted on the dangers of taking overdoses of vitamins, including vitamin C ... I would appreciate it very much if you could answer the following question for me. As far as you know, would there be any risk in taking, say, 250 mg per day of vitamin C in addition to a al diet? Since I have to spend a lot of time out of doors, I be at greater risk than the average person of developing racts due to ultraviolet-induced oxidation of proteins in the eye ...

Andrea to Ted

[Not accessible]

Ted to Andrea

August 13, 1990
Andrea Pagenkopf
Food and Nutrition Speicalist
Montana Cooperative Extension Service

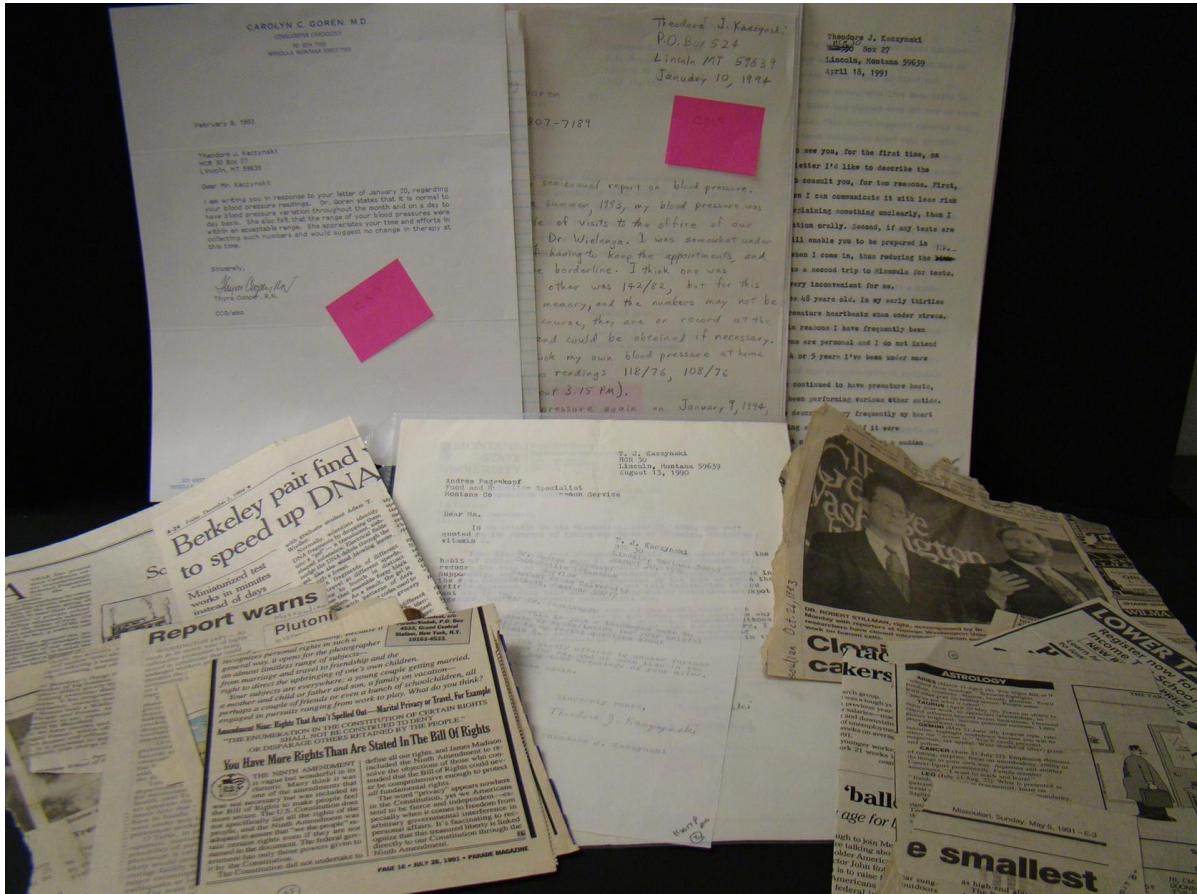
Dear Ms. Pagenkopf,

This is just a thank-you note to express my appreciation for your helpful reply to my recent question about vitamin C.

You kindly offer to answer further questions for me, and at some time in the ... may take advantage of your offer,

Thank you again.

Theodore J. Kaczynski



The Ted K Archive

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U.S. Marshals Auction of Ted Kaczynski's Personal Effects

www.thetedkarchive.com