

Ted Kaczynski and Sexuality

A Reading List on Desire, Gender and Love

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Introduction

Ted Kaczynski had sexual fantasies of himself as disabled, then as a woman, and later fantasies of being a god to little children, free in the forest. So, analysis of unusual sexual fantasies, their causes, and effects later in life feels like a useful area of reading for this archive. Ted's own 1979 autobiography and his psychiatric evaluation are good places to start.

I've been interested in books recently that analyse people like Ted Kaczynski who never transitioned genders, but were assigned male at birth and had really intense sexual fantasies about being female.

Plus, another set of books I've been looking into is how sexually repressive culture forced some people to be more creative in terms of talking in implicit ways and creating complicated plays and movies where people were getting lots of interesting subtext that wouldn't be possible to make in the same way today.

A caveat before I get into it: none of what follows is certain. We don't have anything like an MRI of Ted's head. We have his journals and letters, an autobiography he wrote about himself, a psychiatric evaluation and some secondhand accounts, and all of it is partial and filtered through how Ted chose to describe himself, or how other people chose to describe him. What I give below are my best guesses, and I'm open to being wrong about any of them.

Was Ted Kaczynski grappling solely with a sexual desire or also a gender identity issue?

It's possible that at some point in Ted's life he desired to be a binary trans woman, and I can't rule that out. But I lean more towards him briefly pursuing a sex change operation as a kind of 'suicidal depression motivated action', rather than an 'authentic felt emergent gender identity motivated action'. I hold that loosely.

Ted wrote about struggling with social ineptness in school, and that at the same time he would have these sexual fantasies of being disabled, which I think helped him deal with the shame he felt about imagining himself mentally incapable of engaging with other kids in the way that he wanted to.

These fantasies about being disabled shifted to fantasies of being a woman. I think that was a more complex way of dealing with shame about social ineptness, with the feeling of being excited by this other gendered group, and with what he felt was expected of him as a boy, and so he desired an ego-negation escape from all this stress.

His writing always seemed more to deal with his struggles with sexual desires than with fitting in to gender roles:

“I never did get a girlfriend—or even one date,” he admitted of his years at Harvard. “Consequently, I suffered considerably from acute sexual starvation.” In Widener Library, he found himself too distracted to focus, his thoughts drifting as he watched “the sight of female behinds swaying up and down the aisle.”

Also according to his brother David, who read some parts of Ted’s journals that aren’t public:

I was able to learn that Ted began to have apparently some breaks with reality in his early 20s when he was at the University of Michigan. Interestingly enough, he stopped going to class, began to do brilliant mathematical work, but also began to have some delusions, believed people had visited him who, you know, we now know had not visited him. [He] approached the health service asking for help, but was unable to talk about his needs. And began to believe, apparently for the first time, that the problems were not inside him. That was what he had been worried about, but [he] began to project them outwards and believe that the problems were located outside him, not inside him.

So, I think his delusions, sexual desires and ego-negation desires in suicidal ideation all factored into his brief desire to get a sex change operation, more so than gender dysphoria. I can’t say how much weight each of those deserves.

With compulsive kinks and hedonistic pursuits, like drug abuse and video game collecting, there’s often a ‘binge and purge’ cycle where the person kind of desires there to be a big climax where their bingeing leads to such negative outcomes that they can come to the realization that they’re permanently done with the habit. So making the counselor appointment might have been to do with that also, though that is speculation.

The politically fraught nature of this question

It would be good to dispel some of the myths about Ted propagated by people who just bought into the rumor mill without caring to investigate the evidence. For example, some on the right-wing believe Ted was almost turned trans by woke Jewish academics and the ‘first of its kind gender clinic’, that he saw through their lies and fought back with bombs to try to strike back against this global conspiracy. Plus, on the left it’s also possible to find people certain of Ted’s repressed trans identity, believing

a university counselor had told Ted to repress his trans identity. That is possible, but I don't think the evidence supports that level of certainty either.

Some conservatives argue declining birth rates in the West are due to rising LGBTQ+ identification among Gen Z (citing numbers around 20%), however many of those people will be bisexual or end up having kids with donor sperm or through surrogacy. Plus, industrialization, urbanization, and changing economic choices, not LGBT demographics, drive lower fertility rates globally.

Whatever the truth of Ted's internal world, the false rumor that Ted went far along the process towards getting sex reassignment surgery to live as a binary trans woman is a move many conservatives have made in an attempt to propagandize 'Ted the mad serial bomber as one of them trans people, that all trans people are like him and as such shouldn't be placated with healthcare.' Ted's case is one man's case, and it says nothing about anyone else's gender or about whether anyone else deserves care.

There is also the explanation that some cis men simply experience what's been called autogynephilia, yet feel happier living as men. That's a contested idea that many trans people and researchers reject (see the flagged sources under Female Embodiment Fantasies), and I'm not claiming it describes Ted. But it does pour cold water on the conservative desire to believe Ted for sure wanted to live as a trans woman. Along with it simply not being true, as far as we can tell, that Ted talked to anyone about wanting sex reassignment surgery. Plus he explicitly wrote in his journal that the idea of surgery was just for sexual enjoyment and that he was planning to just fool the psychiatrist. So, not because he felt like a woman or enjoyed the prospect of getting to be seen out in the world as a woman. Of course, that is Ted's own account, which brings me to the next question.

Ted Kaczynski was likely an unreliable narrator of his own sexual development

Ted's autobiographical writing about his own sexual development is likely highly stylized and exaggerated rather than a reliable account of an actual inner life. Ted used categories (like sustained, articulate reference points for his sexual inclinations) that weren't really available or in common circulation in Ted's actual social world at the time. The autobiography was doing narrative work (constructing a coherent, dramatic self) rather than introspective work (accurately recovering what he'd actually felt).

So the question is how much of Ted Kaczynski's own retrospective account of his sexual fantasies and desires (the disability fantasies, the fantasies of being a woman, the journal entries about surgery) reflects a stable, legible inner experience, versus a narrative Ted was constructing after the fact, possibly to serve psychological needs (shame management, escape from stress) rather than descriptive accuracy. Without

anything like a scan of his head, we mostly can't check, and that applies to my reading as much as anyone else's.

Sexually repressive culture and how it forced some people to be more creative

50s social repression around sexuality and gender forced writers, lyricists, and filmmakers into indirection, and that indirection produced real craft (*Some Like It Hot's* structure, blues double entendre, Broadway wit). Plus, there was an audience that understood the subtext, and actors whose actual sexuality had to stay unspoken for reasons of professional survival, not personal confusion.

It's a reminder that Ted's formative decades were a period where being gay wasn't a commonly used or stable social category, where there was no accessible vocabulary or framework for someone to understand or articulate cross-gender fantasy, disability fantasy, or shame around social ineptness in anything like clinical or identity terms. This larger cultural point (that the absence of vocabulary shaped what got expressed and how) is important to disputing rumors about Ted's sexuality. There's no evidence Ted ever attended a 'first of its kind gender clinic', and little in his actual environment that would have given him access to a stable trans identity narrative, even if some retrospective piece of his experience gestured toward one. Ted's inner experience, whatever it was, would have been formed and expressed largely without the interpretive categories (e.g. gender dysphoria) that people now apply to him, in either direction.

Suggested reading

Below is a quickly sketched map of texts that matter across the many fields and communities that write about sex: sex researchers, historians, feminists, kink communities, therapists, religious writers, sex workers, cultural critics, and researchers of the far right. It is not a map of *sexuality itself*, which exists in people's lives with or without any of these books.

The point of the list is to give a general reader a quick way into who is arguing about what. Some entries are friendly intros, some are dense academic work, and some are here because they are influential or widely cited, not because they are correct. If you're new to the subject, start with Easy Entry Points.

Where a field is heavily disputed I've flagged it. Some of the clinical and psychological research below is contested by other researchers and by the communities it studies, and I've tried to put critics near the work they critique. Inclusion is not endorsement.

Plenty of what's here is explicit, and some of it covers abuse, violence and fascist sexual imagery. Nothing here is medical or therapeutic advice.

Many topics don't have a classic *book* per se, and I'm sure I've forgotten things. It's a simple Wikipedia-style web page, so if you like you're very welcome to help improve it by clicking the little writer's pen at the top, or by adding '/edit' to the end of the URL.

Ted Kaczynski on Sex, Love and Gender

Writing by and about Ted Kaczynski's own sexuality, romantic attachments and gender fantasies. Some of this is disturbing to read.

In His Own Words

- Ted Kaczynski's 1979 Autobiography
- Ted Kaczynski's journal that included his plan to disfigure the face of a romantic interest (1978)
- Ted Kaczynski's Letters to Ellen Tarmichael (1978)
- Ted Kaczynski's Oakland California Journal
- Ted Kaczynski's Salt Lake City Journal (1972)
- Ted Kaczynski's 1978–79 Journal
- Ted Kaczynski's Letter Correspondence with his Doctor's Office
- Truth versus Lies
- Dearest Debbie (1975)
- An attack of desire for women
- Apology to Women (1996)
- Marriage advice from the Unabomber
- Romancing the Unabomber
- The Unabomber's "lady love"
- Ted Kaczynski & his few hybristophilic fans

Press and Analysis

- Psychiatric Competency Report by Sally Johnson (1998)
- Frequently Asked Questions about Ted Kaczynski by Theo Slade (2023)
- From the Unabomber to the Incels: Angry Young Men on Campus by Eileen Pollack (2019)
- ‘The Unabomber Was an Incel. I’d Know—I Worked on the FBI Investigation’ by James R. Fitzgerald
- Was The Unabomber The Original Incel? Unpacking Ted Kaczynski’s Relationships With Women
- Did Failed Romance Ignite Kaczynski’s Rage In 1978? by Serge F. Kovalski (1996)
- Unabomber’s Psychiatric Profile Reveals Gender-identity Struggle by Suzanne Marmion (1998)
- Gender Confusion, Sex Change Idea Fueled Kaczynski’s Rage, Report Says by William Booth (1998)

General Reading

Easy Entry Points

Readable overviews and popular science. Good places to start if you just want to know what researchers actually say about desire, fantasy and relationships. *Sex at Dawn* is a popular and controversial evolutionary argument; its critique, *Sex at Dusk*, is listed under Anthropology of Sexuality.

- Tell Me What You Want by Justin J. Lehmiller (2020)
- Men in Love by Nancy Friday (1980)
- Want by Gillian Anderson (2024)
- Glitter: Real Stories From Real Women About Sexual Desire by Mona Darling (2013)
- When Your Sex Drives Don't Match by Sandra Pertot (2007)
- The Ultimate Guide to Sexual Fantasy by Violet Blue (2004)
- The Truth about Sex by Gloria G. Brame (2013)
- Sex, drugs and rock 'n' roll by Zoe Cormier (2014)

Textbooks

Heavier general overviews, written for university courses.

- The Psychology of Human Sexuality by Justin J. Lehmiller (2017)
- Human Sexuality: A Contemporary Introduction by Caroline F. Pukall (2020)
- Human Sexuality: Self, Society, and Culture, 2nd Edition by Gilbert H. Herdt and Nicole Polen-Petit (2021)

Social Skills and Relationships

Self-help and popular psychology on talking to people, dating and long-term relationships. Of very mixed quality, but a lot of people start here.

- The Social Skills Guidebook by Chris MacLeod
- The Fine Art of Small Talk by Debra Fine
- Communication Skills For Dummies by Elizabeth Kuhnke

Desire, Psychology and Science

Fantasy and Desire

Books about what people fantasize about and what fantasies might mean, from survey science to psychoanalysis to Christian self-help. They disagree a lot about whether fantasies are harmless, symptoms, or something else. Lehmiller and Friday, listed under Easy Entry Points, are also relevant here.

- The Secret Logic of Sexual Fantasies by Michael J. Bader
- The Electronic Confessional: A Sex Book of the 80's by Howard R. Lewis and Jean Arbeiter (1986)
- The Fantasy Fallacy: exposing the deeper meaning behind sexual thoughts by Shannon Ethridge (2012)
- Eros and Civilization by Herbert Marcuse (1955)
- Breast Envy: Why Women Love Them and The Men Who Lust Them by Peter Sacco and Debra Laino (2014)

The Founders of Sexology

The nineteenth and twentieth century works that most later sexology is arguing with.

- Psychopathia Sexualis by Richard von Krafft-Ebing (1886)
- Studies in the Psychology of Sex by Havelock Ellis (1897–1928)
- Three Essays on the Theory of Sexuality by Sigmund Freud (1905)
- Civilization and Its Discontents (Preview) by Sigmund Freud (1930)

- Sexual Behavior in the Human Male by Alfred Kinsey, Wardell Pomeroy and Clyde Martin (1948) and Sexual Behavior in the Human Female (1953)
- Human Sexual Response by William H. Masters and Virginia E. Johnson (1966)

Sexology and Psychology

Sexology, psychiatry and psychology, from the early case studies to modern surveys. Clinical categories like “paraphilia” are themselves argued over, so critical and philosophical pieces are mixed in here. Bader’s *The Secret Logic of Sexual Fantasies* is listed under Fantasy and Desire.

- Lovemaps: Clinical Concepts of Sexual/Erotic Health and Pathology, Paraphilia, and Gender Transposition in Childhood, Adolescence, and Maturity by John Money (1986) (hotly contested science)
- As Nature Made Him: The Boy Who Was Raised as a Girl by John Colapinto (2000) (a critical account of Money’s most famous case)
- Perversion by Robert J. Stoller (1975)
- The Sexually Unusual by Dennis M. Dailey
- Practical Guide to Paraphilia and Paraphilic Disorders by Richard Balon (2016)
- Male Sexuality by Michael J. Bader
- Arousal by Michael J. Bader
- Gender and Sexuality Development: Contemporary Theory and Research by Doug P. VanderLaan and Wang Ivy Wong (2022)
- The Palgrave Handbook of the Psychology of Sexuality and Gender by Christina Richards and Meg John Barker (2015)
- What Are Perversions? by Sergio Benvenuto
- A Childish Nightmare: An Inside View of Psychosexual Infantilism by Anthony J Marciano (2013) (book review)

Anthropology of Sexuality

Evolutionary and anthropological arguments about pair bonds, monogamy and the origins of human sexuality. The entries disagree sharply with each other, and *Sex at Dusk* is a direct critique of *Sex at Dawn*.

- Pair Bonds and the Evolution of Monogamy by Camilla Power (2018)
- Sex And The Human Revolution by Chris Knight (2010)
- Sex at Dawn by Christopher Ryan and Cacilda Jethá (2010)
- Sex at Dusk by Lynn Saxon (a critique of *Sex at Dawn*)
- The Politics of Eros by Morna Finnegan

Kink and Unusual Interests

Communities, researchers and therapists writing about kink and less common sexual interests, from how-to books to academic studies. Research on rarer interests, like adult baby and diaper lover communities, tends to be small online surveys, so treat the findings as exploratory.

- Different Loving: The World of Sexual Dominance and Submission by Gloria G. Brame, William D. Brame and Jon Jacobs (1993)
- Come Hither: A Commonsense Guide To Kinky Sex by Gloria G. Brame (2020)
- Kink: The Shocking Hidden Sex Lives of Americans by Susan Crain Bakos (1995)
- Playing Well With Others by Lee Harrington and Mollena Williams (2012)
- Sexual outsiders: understanding BDSM sexualities and communities by David M. Ortmann and Richard A. Sprott (2013)
- Masochism and Self by Roy F. Baumeister (1989)
- Sadomasochism in Everyday Life by Lynn S. Chancer
- Adult Baby/Diaper Lovers: An Exploratory Study of an Online Community Sample by Kaitlyn Hawkinson and Brian D. Zamboni (2014)

Romance

Love, attachment and long-term relationships, from the psychology of falling in love to the history of the idea itself, plus some critical and anarchist takes on marriage and monogamy.

Love, Attachment and Limerence

Psychology and popular science on falling in love, attachment and why long-term desire is hard to sustain. Fromm is the classic starting point. Tennov's idea of "limerence" (obsessive, involuntary infatuation) links directly to the fantasy material above.

- The Art of Loving by Erich Fromm (1956)
- Love and Limerence: The Experience of Being in Love by Dorothy Tennov (1979)
- A General Theory of Love by Thomas Lewis, Fari Amini and Richard Lannon (2000)
- Why We Love: The Nature and Chemistry of Romantic Love by Helen Fisher (2004)
- Attached: The New Science of Adult Attachment and How It Can Help You Find, and Keep, Love by Amir Levine and Rachel Heller (2010)
- Mating in Captivity: Unlocking Erotic Intelligence by Esther Perel (2006)
- Why You Will Marry the Wrong Person by Alain de Botton

Philosophy, History and Criticism of Love

How the idea of romantic love was invented, theorised and criticised, from antiquity to modern sociology.

- Symposium by Plato

- The Romance of Tristan and Iseult by Joseph Bédier (1900) (the medieval legend de Rougemont builds his argument on)
- On Love by Stendhal (1822)
- Love in the Western World by Denis de Rougemont (1939)
- The Four Loves by C. S. Lewis (1960)
- A Lover's Discourse: Fragments by Roland Barthes (1977)
- Eros the Bittersweet by Anne Carson (1986)
- All About Love: New Visions by bell hooks (2000)
- Why Love Hurts: A Sociological Explanation by Eva Illouz (2012)
- Romance Without Love, Love Without Romance by Agnes Callard

Marriage, Monogamy and Alternatives

The sociology and politics of marriage, divorce, monogamy and non-monogamy. Evolutionary arguments about pair bonds are under Anthropology of Sexuality.

- The Problem of Marital Loneliness by Agnes Callard
- Agnes Callard's Marriage of the Minds by Rachel Aviv
- Status Games, Polyamory and the Merits of Meritocracy by Ezra Klein and Agnes Callard
- Anarchist Individualism and Amorous Comradeship by Émile Armand (1956)
- Love in a F*cked-Up World by Dean Spade

Consent and Sexual Ethics

Writing on how people negotiate, give, withhold and pressure each other over sex, from practical zines to critiques of the way consent itself gets talked about. Kink-specific writing is under Kink and Unusual Interests, and books for therapists are under For Partners and Clinicians.

Learning Consent

Practical and community-based starting points.

- Learning Good Consent
- Towards Consenting Relations by Jamie Heckert
- Playing With Power by Lee Shevek

Sex-Positivity and Its Critics

First-hand and critical accounts from inside queer and sex-positive scenes about pressure, dysfunction and the expectation to enjoy sex, plus a critique of the politics around sex on the right.

- Fucked: on being sexually dysfunctional in sex-positive queer scenes
- 2Fucked 2Furious: still sexually dysfunctional in sex-positive queer scenes
- Sex Critical — Very Loose Women Ep. #155 (podcast)
- Undoing Sex by C. E.
- “Anti-Sex” and the Real Sexual Politics of the Right by Lee Shevek

Gender and Identity

Feminism and Gender

Feminist and queer writing on sex, desire and gender, from the sex wars to trans feminism, plus one anthropological take on where gender came from. These authors argue with each other as much as with anyone else. Dworkin's *Right-Wing Women* is listed under Fascism and Sexuality.

- Re-Making Love: The Feminization of Sex by Barbara Ehrenreich, Elizabeth Hess and Gloria Jacobs (1986)
- “Thinking Sex: Notes for a Radical Theory of the Politics of Sexuality” by Gayle Rubin (1984)
- Pleasure and Danger: Exploring Female Sexuality edited by Carole S. Vance (1984)
- “Uses of the Erotic: The Erotic as Power” by Audre Lorde (1978)
- Epistemology of the Closet by Eve Kosofsky Sedgwick (1990)
- Gender Trouble by Judith Butler (1990)
- Exploring Transgender Law and Politics by Catharine A. MacKinnon
- The Woman-Identified-Woman by Radicalesbians (1970)
- Not Your Mom’s Trans 101 by Asher
- Did Gender Egalitarianism Make Us Human? by Camilla Power

Female Embodiment Fantasies

Researchers who study cross-gender and other “erotic target identity inversion” fantasies (where someone is aroused by *being* the object of desire, for example a man aroused by the idea of being a woman, rather than by being with them), and the long fight over whether those frameworks are valid. This is hotly contested science, and many trans people and many researchers reject the typologies. Serano’s *Whipping Girl* is the best-known critical response.

- Whipping Girl by Julia Serano (2007)
- Blending Genders by Richard Ekins and Dave King (1996)
- Bi: Notes for a Bisexual Revolution by Shiri Eisner (2013)
- The Man Who Would Be Queen by J. Michael Bailey (2003) (critique)
- Men Trapped in Men’s Bodies by Anne A. Lawrence (critique)
- Autoheterosexual by Phil Illy (critique)
- Erotic Target Identity Inversions Among Men and Women in an Internet Sample (critique)
- A Treatment-Oriented Typology of Self-Identified Hypersexuality Referrals (critique)
- Self-reported childhood maltreatment and erotic target identity inversions among men with paraphilic infantilism (critique)

Disability and Embodiment

Writing on disability, desire and bodies that don't fit the usual categories, including the contested literature on people who want a limb removed.

- The Sexual Politics of Disability by Tom Shakespeare et al. (1996)
- Amputation on request by Alex Mensaert (2011)
- Able-Bodied Until It Kills Us by June Thunderstorm
- This Machine Kills Ableism by Lexi Linnell
- Models of Neurodivergence by Ozy Frantz

History, Culture and Power

Histories of Sexuality

How ideas about normal and deviant sex were built, and how they changed. Foucault is the usual starting point, with plenty of people arguing with him since.

- The History of Sexuality, Volume 1: An Introduction by Michel Foucault (1976)
- The Pleasure's All Mine: A History of Perverse Sex by Julie Peakman (2013)
- A Women's History of Sex by Harriett Gilbert and Christine Roche (1987)
- Tearoom Trade by Laud Humphreys (1970)
- Idols of Perversity by Bram Dijkstra (1986)

Repression, Indirection and Subtext

How sexual and gender repression, especially in mid-century America, pushed writers, lyricists, songwriters and filmmakers into indirection, and how that indirection produced real craft. Think of the structure of *Some Like It Hot*, the double entendre of the blues, and the wit of Broadway. These books also cover the audiences who understood the subtext, and the performers whose actual sexuality had to stay unspoken for reasons of professional survival, not personal confusion. The same silence left people like Ted with little accessible vocabulary for cross-gender fantasy, same-sex desire or shame.

Stage, Screen and Song

How popular entertainment (the blues, Broadway, Hollywood) carried sexual meaning under censorship, and how queer audiences and artists read and used it.

- Blues Fell This Morning: Meaning in the Blues by Paul Oliver (1960)

- Blues Legacies and Black Feminism by Angela Y. Davis (1998)
- Notes on “Camp” by Susan Sontag (1964)
- Pre-Code Hollywood by Thomas Doherty (1999)
- Hollywood Censored: Morality Codes, Catholics, and the Movies by Gregory D. Black (1994)
- The Celluloid Closet by Vito Russo (1981)
- Ruination and Redemption in Billy Wilder’s Romantic Comedies by Janet Mc-Cracken
- Conversations with Wilder by Cameron Crowe (1999)

Panic, Law and the Closet

Sex panics, the policing of homosexuality and the Cold War politics of sexual deviance.

- Sex-Crime Panic: A Journey to the Paranoid Heart of the 1950s by Neil Miller (2002)
- Perversion for Profit: The Politics of Pornography and the Rise of the New Right by Whitney Strub (2011)
- Homosexuality in Cold War America by Robert J. Corber (1997)
- The Lavender Scare by David K. Johnson (2004)
- Gay New York by George Chauncey (1994)

Religion, Law and Morality

Religious and moral traditions that shape what counts as acceptable sex, plus writing by queer Muslims and others who push back.

- Sexuality in Islam by Abdelwahab Bouhdiba (1975)
- Lustrous Companions: ‘Do we get dick in heaven?’ by Mohja Kahf
- Islam and Queer Muslims by Mohamed Abdou and Mohamed Jean Veneuse

Race and Colonialism

How race and empire have shaped sexual stereotypes and sexual politics.

- Black Skin, White Masks by Frantz Fanon (1952)
- Orientalism by Edward Said (1978)
- Theo and the distinctly sexual flavour of French racism by Guilaine Kinouani

Sex Work, Porn and Media

Sex work, pornography and how sex is sold, written first-hand and studied from outside.

- Sex For Sale: Prostitution, Pornography, And The Sex Industry 2E by Ronald Weitzer (2013)
- Man-Made Women: The Sexual Politics of Sex Dolls and Sex Robots by Kathleen Richardson and Charlotta Odling (2023)
- DIY Porn Handbook: A How-To Guide to Documenting Our Own Sexual Revolution by Madison Young (2016)
- On the sale of sex & bodies by Thaddeus Blanchett
- Sex Workers' Opera by Sian Docksey
- Have We Ruined Sex?
- Objectification & Pornography by William Gillis

Sex and Politics

Fascism and Sexuality

Historians and critics of how fascist movements, and the media made about them, handle masculinity, sex and violence. Several entries cover the sexualization of Nazism in pulp and film, and they are not endorsements of it.

- Nationalism and Sexuality by George L. Mosse (1985)
- Interview with Klaus Theweleit on Male Fantasies Today by Geert Lovink
- Gay Skins by Murray Healy (1996)
- Sexuality and Nazism: The Doubly Unspeakable? by Elizabeth D. Heineman
- Holocaust Perversions: The Stalags Pulp Fiction and the Eichmann Trial by Amit Pinchevski and Roy Brand
- Resisting Ilsa: Foucaultian Ethics and the Sexualization of Nazism by Samantha N. Wesch
- Nazisploitation! by Daniel H. Magilow, Elizabeth Bridges and Kristin T. Vander Lugt
- Enemy Feminisms by Sophie Lewis
- Right-Wing Women by Andrea Dworkin (1983)

Sexual Frustration, Incels and Male Violence

Writing on involuntary celibacy, male supremacist online communities and the link, or lack of one, between sexual frustration and violence. Several pieces here connect to Ted Kaczynski's own writing about sexual frustration.

- What do so many mass shooters have in common? A hatred of women by Maureen Callahan
- Misogynist Incels and Male Supremacism by Megan Kelly, Alex DiBranco and Julia R. DeCook
- Why I Hate Incels: The Politics of Self-Pity
- Kill All Normies by Angela Nagle
- What Does She See in Him? Hybristophiles and Spree Killers

Anarchism and Sexuality

Anarchists have written about sex, marriage and love for well over a century. This is a short selection, from nineteenth-century free-love essays to queer anarchism and relationship anarchy; there is much more on the Anarchist Library. General anarchist theory with no focus on sex has been left out. Related anarchist writing is listed under Consent and Sexual Ethics, Feminism and Gender, and Sex Work, Porn and Media.

Overviews

- Anarchism and Sexuality by Hiram Kümper
- Gender and Sexuality by Lucy Nicholas
- Sex, Gender, and Sexuality by Workers Solidarity Movement

Free Love and the Sexual Revolution

Classic writing on marriage, jealousy and sexual freedom, mostly from the late nineteenth and early twentieth centuries, plus a history of the Reichian sexual revolution.

- Anarchy and the Sex Question by Emma Goldman
- Marriage and Love by Emma Goldman
- Jealousy: Causes and a Possible Cure by Emma Goldman
- Sex Slavery by Voltairine de Cleyre (1890)
- They Who Marry Do Ill by Voltairine de Cleyre (1908)
- On Sexual Liberty by Émile Armand
- Wilhelm Reich and the Sexual Revolution by Marie Louise Berneri

Queer Anarchism and Relationship Anarchy

Queer politics inside and against anarchism, and critiques of the couple form. Spade's *Love in a F*cked-Up World* is under Marriage, Monogamy and Alternatives.

- Queering Anarchism by C.B. Daring, J. Rogue, Deric Shannon and Abbey Volcano
- queering heterosexuality by Sandra Jeppesen
- No Future by Lee Edelman (2004)
- Against the Couple Form by Clémence x. Clémentine
- The short instructional manifesto for relationship anarchy by Andie Nordgren
- Love without borders? Intimacy, identity and the state of compulsory monogamy by Jamie Heckert

For Partners and Clinicians

Therapy and Self-Help

Books written for therapists, counselors and partners, mostly sex-positive and kink-aware in approach.

- Integrative Sex & Couples Therapy: A Therapist's Guide to New and Innovative Approaches by Tammy Nelson (2020)
- Handbook for Human Sexuality Counseling: Sex Positive Approach by Angela M. Schubert (2022)
- Kink-Affirming Practice: Culturally Competent Therapy from the Leather Chair by Stefani E. Goerlich (2022)
- BDSM and Kink The Basics by Stefani Goerlich and Elyssa Helfer (2025)
- Becoming a Kink Aware Therapist by Caroline Shahbaz and Peter Chirinos (2017)

Memoirs

First-hand accounts from sex workers, dominants and submissives.

Domination and Submission

- Fetish girl: a memoir of sex, domination and motherhood by Bella LaVey (2018)
- Mistress Pussycat by Joyce Snyder (2015)
- Darling Discovered: A True Story of Submission by Mrs. Darling (2016)
- On My Knees by Periel Aschenbrand (2013)

Sex Work and Escorting

- Whore of New York: A Confession by Liara Roux (2021)
- Whore Diaries: My First Two Weeks As an Escort by Tara Burns (2015)

Reference Works

Dictionaries and encyclopedias for looking up terms.

- Campbell's Psychiatric Dictionary by Robert J. Campbell (2009)
- The Concise New Partridge Dictionary of Slang and Unconventional English by Tom Dalzell and Terry Victor (2008)
- Fetishes by Anil Aggrawal (2008)
- The Encyclopedia of Unusual Sex Practices by Love Brenda (1992)

The Ted K Archive

Theo Slade
Ted Kaczynski and Sexuality
A Reading List on Desire, Gender and Love
2026

www.thetedkarchive.com